

Getting Started



Apply sensor to back of upper arm

The FreeStyle Libre sensor is painless* to apply and can be worn for up to 10 days.



Start new sensor

FreeStyle Libre sensor is factory calibrated to eliminate daily fingerstick calibration and routine fingersticks for insulin dosing.† Scan to activate and wait 12 hours for first glucose reading.



Check your glucose

Enjoy glucose monitoring with a painless* scan at anytime. You can view glucose trends on your reader, which stores 90 days of data. Be sure to scan your sensor at least once every 8 hours because your sensor stores 8 hours of data.



* Data on File. Abbott Diabetes Care.

† Fingersticks are required for treatment decisions when you see Check Blood Glucose symbol, when symptoms do not match system readings, when you suspect readings may be inaccurate, or when you experience symptoms that may be due to high or low blood glucose.



FreeStyle
Libre
FLASH GLUCOSE MONITORING SYSTEM

For more information, visit
www.FreeStyleLibre.us



Indications and Important Safety Information

The FreeStyle Libre Flash Glucose Monitoring system is a continuous glucose monitoring (CGM) device indicated for replacing blood glucose testing and detecting trends and tracking patterns aiding in the detection of episodes of hyperglycemia and hypoglycemia, facilitating both acute and long-term therapy adjustments in persons (age 18 and older) with diabetes. The system is intended for single patient use and requires a prescription.

CONTRAINDICATIONS: Remove the sensor before MRI, CT scan, X-ray, or diathermy treatment.

WARNINGS/LIMITATIONS: Do not ignore symptoms that may be due to low or high blood glucose, hypoglycemic unawareness, or dehydration. Check sensor glucose readings with a blood glucose meter when Check Blood Glucose symbol appears, when symptoms do not match system readings, or when readings are suspected to be inaccurate. The FreeStyle Libre system does not have alarms unless the sensor is scanned, and the system contains small parts that may be dangerous if swallowed. The FreeStyle Libre system is not approved for pregnant women, persons on dialysis, or critically-ill population. Sensor placement is not approved for sites other than the back of the arm and standard precautions for transmission of blood borne pathogens should be taken. The built-in blood glucose meter is not for use on dehydrated, hypotensive, in shock, hyperglycemic-hyperosmolar state, with or without ketosis, neonates, critically-ill patients, or for diagnosis or screening of diabetes. Review all product information before use or contact Abbott Toll-Free (855-632-8658) or visit www.FreeStyleLibre.us for detailed indications for use and safety information.

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FreeStyle Libre Sensor

Helpful tips for first-time users



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You can DO IT without routine fingersticks*

Diabetes is complex enough—monitoring your glucose shouldn't be. The FreeStyle Libre system is designed to fit easily into your daily life.



Daily Activities

Go about your daily routine with FreeStyle Libre system. Here are some helpful tips.



Showering, Bathing, and Swimming

Your sensor is water resistant and will continue working as long as it is not submerged more than 3 feet or kept underwater longer than 30 minutes at a time.



Exercising

Maintain your active lifestyle with FreeStyle Libre system. Use skin adhesive† prior to applying the sensor if sweating causes your sensor to loosen.



Getting Dressed

The sensor is discreet‡, hardly noticeable, and can be scanned through your clothing.§



Traveling

You can safely use your system at all times while on an aircraft.

However, do not expose your sensor to airport full-body scanners. To avoid removing your system, request another type of screening.

* Fingersticks are required for treatment decisions when you see Check Blood Glucose symbol, when symptoms do not match system readings, when you suspect readings may be inaccurate, or when you experience symptoms that may be due to high or low blood glucose.

† Abbott Diabetes Care is not responsible adverse effects of skin adhesives. Everyone's skin is different; you may need to try various products to find the one that is right for you. Please refer to the FreeStyle Adhesion Guide for more information.

‡ Data on file. Abbott Diabetes Care.

§ The reader can capture data from the sensor when it is within 1cm to 4cm of the sensor.

Special Activities

Notify your healthcare provider and remove your sensor when necessary.



Medical Procedures

Exposing your sensor to MRI, CT Scan, Diathermy, or X-ray may damage the sensor and cause incorrect readings.



Skin Discomfort

Be sure to clean your skin with alcohol wipes at the application site prior to applying the sensor. Remove the sensor if irritation persists.



Removing the Sensor

If necessary, pull up the edge of the adhesive that keeps your sensor attached to your skin. Slowly peel away from your skin in one motion.



Treatment Decisions*

For guidance on treatment decisions refer to the FreeStyle Libre system User's Guide or Interactive Tutorial.

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